



PERSON
CENTERED
SERVICES

Know Your Rights:

Person-Centered Life Planning



What is a life plan?

- A life plan lets your supporters know where you came from, where you want to go with your life, and the steps you can take to get there.
- A person-centered life plan will allow everyone working with you to have the information they need to best help you live the life of your choosing. This will increase the likelihood that you are able to achieve your goals.



What are my rights related to my life plan?

- You have the right to a life plan that accurately reflects who you are and what you want to achieve.
- You have the right to know what is within your life plan and have an accurate understanding of what it entails. The document must be available to you in the language of your choice.
- You have the right to review your life plan at any point in time.



What are my responsibilities?

- Attend and actively participate in your life plan meeting. Let your Care Coordinator know which trusted people you want with you.
- Ask your trusted supporters if they believe your life plan is a good description of you and consider their input.
- Tell your Care Coordinator if something in your life plan is incorrect or if you do not understand it. You can request a change to your life plan at any time by contacting your Care Coordinator.

Find more info and resources related to your life plan
at personcenteredservices.com/planning.