



PERSON
CENTERED
SERVICES

Know Your Rights:

Keeping Myself Safe at Home

How can I be safe in my home?



- Understand accessibility concerns both inside and outside the home.
- Create a safety plan for emergencies, keeping safety kits, supplies and equipment on hand.
- Be prepared for issues related to aging or new diagnoses. Know that abilities may decline over time, impacting independence and accessibility needs.



What responsibilities do I have to keep my home safe?



- Understand and follow house rules to keep everyone in the home safe.
- Be sure your home is free of unsafe barriers or unsanitary conditions.
- You or your staff should verify emergency equipment such as smoke and CO2 detectors, fire extinguishers, and other items are up to code and in working order.
- Only allow trusted people or verified professionals into your home.
- Communicate with staff about safety concerns or issues.
- Keep an emergency contact list at home or on your phone. Person Centered Services has an Emergency Preparedness form available at personcenteredservices.com/emergency-preparedness.

What resources do I have related to home safety?



- Speak with your circle of support and your Care Coordinator about safety and accessibility in the home. They can help find modifications that make living easier, such as wheelchair ramps, roll-in showers, lifts, handrails, door openers, widened doorways, and more.
- Contacting 911 is key during emergencies. There are products for contacting authorities or family members if there is a fall or emergency situation (ie. Lifeline and other alert systems).

Find more info and resources related to your right to safety in the community at personcenteredservices.com/homesafety.