



PERSON  
CENTERED  
SERVICES

# Know Your Rights: Your Life Plan, Your Health



## What are my rights related to the “My Health” section of my life plan?

- You have the right to play an active role in your health and wellness.
- You have the right to learn about your diagnoses, medications and treatments. It is your right to select which providers you see, including doctors, hospitals, pharmacies and specialty clinics. You can choose to refuse treatments or medications.
- You have the right to determine who is part of conversations concerning your health and healthcare decisions. These people should be identified in the life plan.
- You have the right to life plan information that is accurate and current. You also have the right to omit specific information that is sensitive in nature.



## What are my responsibilities?

- You are responsible for communicating your health and wellness updates and questions with doctors or other providers.
- You are responsible for sharing your feelings of satisfaction or dissatisfaction with the health services you are receiving to make your experience better.
- You are responsible for providing accurate and updated dates and details of appointments so Care Coordinators can better support health outcomes.
- You are responsible for participating in your treatment plan and following directions provided. You should notify your circle of support of any medical updates or medication changes.

Find more info and resources related to your services  
at [personcenteredservices.com/planning](https://personcenteredservices.com/planning).