



PERSON
CENTERED
SERVICES

Know Your Rights: Participating in My Community



What does the right to participate in my community mean?

- People with intellectual and developmental disabilities have the right to access or participate in public programs, benefits and services that are available.
- According to the Americans with Disabilities Act (ADA), people with disabilities are guaranteed equal opportunities and reasonable accommodations.



What are my responsibilities?

- Be an active participant in your person-centered planning. Share your interest in what community activities you would like to take part in.
- Plan ahead and prepare for access considerations or other potential challenges.
- Familiarize yourself with transportation options for reaching places in your community.
- If you experience any barriers to community participation, tell someone.
- Advocate for yourself and others.



What resources can I access if I have issues or concerns?

- Local Government (State, County, City or Town; Assembly Members; School Boards)
- Transportation Providers
- Circle of Support Members (to help make these connections when needed)

Find more info and resources related to your right to make your own schedule at personcenteredservices.com/community.