



Our continuing effort to provide families and professional partners new health related information during the current public health COVID-19 coronavirus pandemic. We wish everyone all well and remind you that our offices are open remotely to serve you.

<http://parenttoparentnys.org/offices/maps/>

COVID -19 Resources for Families- Updated 6/1

“4 Life Skills Parents Can Teach Children amid the Coronavirus Pandemic”- Yes, our kids are missing out on so much right now. But they’re also learning some pretty big life lessons.

https://www.huffpost.com/entry/life-skills-parents-teach-kids-coronavirus-pandemic_1_5ea1cd6dc5b699019ff2e2bc?5os&%3Fncid=newsltushpmsgvoices_Parents&fbclid=IwAR3ILX_wZZ9ZUMJ34SpPgfBLgaoyVdVlzBxzWev4ApWxABvdRh5pcK0bUZE

Find Your Local food Bank- Food insecurity is a larger problem due to COVID-19 work and school closures. Food banks have increased inventory to help feed people in need. Here is a NYS website with a clickable map that will lead you to your local food bank.

https://www.health.ny.gov/prevention/nutrition/hpnap/regional_foodbank_map.htm

Financial Health During COVID-19- Resources to help those with disabilities and chronic health conditions navigate financially during the COVID-19 crisis.

<https://www.nationaldisabilityinstitute.org/financial-resilience-center/>

For Parents: Multisystem Inflammatory Syndrome in Children (MIS-C) associated with COVID-19 -

Information for parents from the Centers for Disease Control and Preventions (CDC).

https://www.medpagetoday.com/infectiousdisease/covid19/86484?xid=nl_popmed_2020-05-14&eun=g1407000d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=CoronaBreak_051420&utm_term=NL_Daily_Breaking_News_Active

“Help Your Child Feel Good about Using and Seeing Others Wearing a Facemask”-A poster for parents with tips to help children wear a mask and not to be afraid of others doing the same.

<http://rwjms.rutgers.edu/boggscenter/Links/documents/HelpyourChildFeelGoodaboutUsingandSeeingOthersWearingFaceMasks-F.PDF>

“A Parent’s Guide: Helping your child wear a face mask”- Includes different types of masks and how to help kids deal with mask anxiety.

<http://rwjms.rutgers.edu/boggscenter/Links/documents/ParentGuide-HelpingYourChildWearaFaceMask-F.pdf>

COVID-19 Testing in NYS- In an effort to curb the spread of COVID-19, NYS has set up an extensive virus testing system. You can also call your primary care provider to discuss symptoms and exposure as they may be able to set testing up through their office.

<https://coronavirus.health.ny.gov/covid-19-testing>

NYS Contract Tracing - Another tool that the state is using to control the spread of the virus is contact tracing, where people who have been in close contact to a COVID-19 positive person are contacted to inform them of exposure.

<https://coronavirus.health.ny.gov/new-york-state-contact-tracing>

“Please Answer the Phone”- A poster from NYS with information about the importance of answering the phone if you have been contacted by the COVID-19 tracing program.

https://coronavirus.health.ny.gov/system/files/documents/2020/05/13135_en_nys_contacttracing_flyer_052120.pdf

Fast Facts: NY State of Health Insurance Options during the Coronavirus Emergency- Information on NYS of Health insurance options for those who are uninsured or recently unemployed.

<https://info.nystateofhealth.ny.gov/sites/default/files/Fast%20Facts%20on%20NYSOH%20Insurance%20Options%20During%20the%20Coronavirus%20Emergency.pdf>

Fast Facts: NY State of Health Insurance Changes during the Coronavirus- Frequently asked questions (FAQs) about how changes in employment and Federal stimulus payments affect qualifications for health insurance through NY State of Health.

<https://info.nystateofhealth.ny.gov/sites/default/files/Fast%20Facts%20on%20NYSOH%20Insurance%20Changes%20During%20the%20Coronavirus%20Emergency.pdf>

Fast Facts: Medicaid Coverage through Your Local Department of Social Services during the Coronavirus Emergency- FAQs regarding changes to applying for Medicaid coverage for you or a loved one during COVID-19.

https://health.ny.gov/health_care/medicaid/covid19/factsheets/docs/eng_guide_med_cons_enrolled_thru_1dss.pdf

Fast Facts: Medicaid Telehealth Services during the Coronavirus Emergency- FAQs on Medicaid coverage of Telehealth Services during COVID-19.

https://health.ny.gov/health_care/medicaid/covid19/factsheets/docs/eng_med_telehealth_svs.pdf

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